

Stay safe this summer



Staying safe on holiday



Don't be caught off guard: Many incidents happen on the first or last day of a family holiday when parents are distracted



Remember to use the same caution on your holiday that you do at home



Be alert to any water nearby



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Open windows warning



Keep low furniture away from open windows so that children can't climb up and fall out



Install window catches (to limit how far they can open) and locks if you can



If you opt for a lock keep the keys somewhere you can find them in case of emergencies



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BBQ safety

A BBQ and the ground underneath it can stay hot enough to cause a serious burn for a long time after it's been used.

So, stay alert and keep children well away from the cooking area until it's completely cooled.



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Drowning is silent



A drowning child doesn't splash about or cry for help. They slip quietly under the water, often unnoticed.



Keep little children in arm's reach whenever they are in or near water.



Check for ponds, pools and hot tubs if you're visiting new places.



Talk to older children about the dangers of open water like strong currents, very cold water that can cause shock and objects lurking under the surface.



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Paddling pool safety

-  Little ones can drown in just a few cm of water
-  Actively supervise children when they're in or around the water
-  Empty the paddling pool after use
-  Store or turn over the paddling pool when it's not in use to stop it refilling



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Trampoline safety



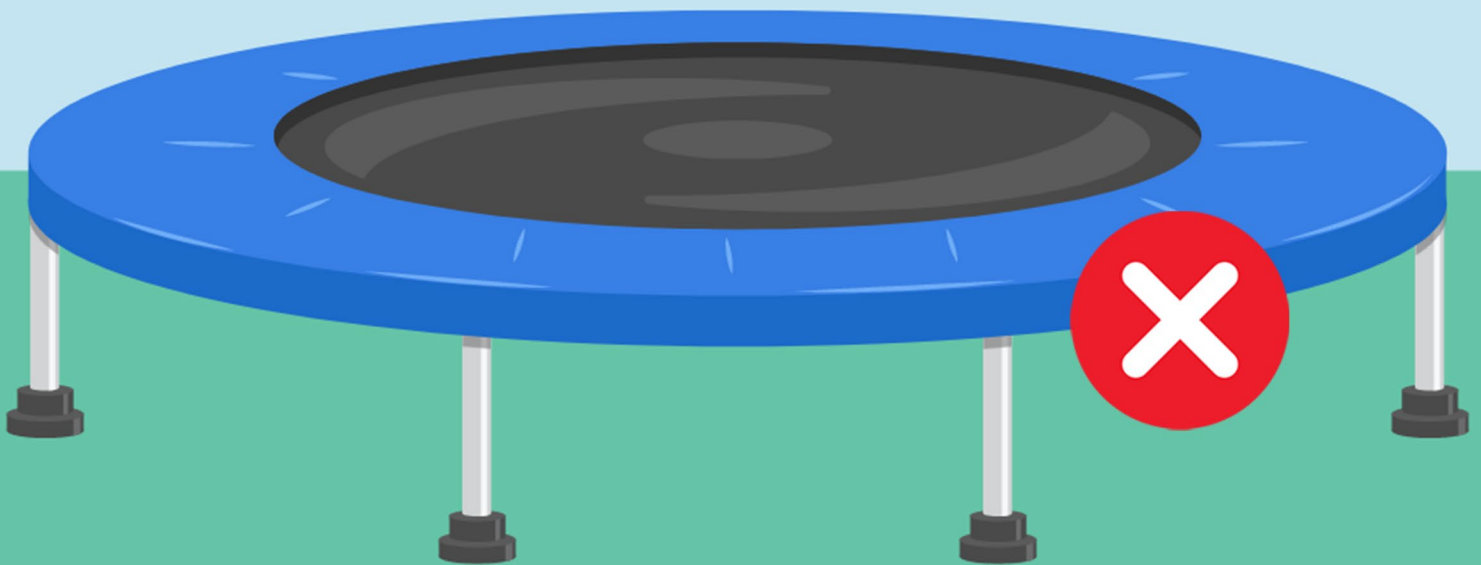
Most trampoline accidents happen when there are two or more bouncers at the same time.



The biggest risk is when users have different weights. So, let children take it in turns and avoid adults and children jumping together.



Teach children the trampoline rules.



Use a net to prevent falls



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